

AT	GO	FOR		
0.0	INTELLIGENTSIA BROADWAY		24.2	R (S) after Sheffield on Marquette Greenway, follow SE 1.2
0.0	=08:10= S on Broadway	0.0	25.3	R (SW) on 138th 0.1
0.0	L (E) on Barry	0.5	25.4	L (S) on Johnson, becomes Sohl 2.1
0.5	R (S) on Lakefront Trail	13.8	27.5	R (W) on Douglas, past 18th Street 0.3
14.4	=09:10= L (E) on 71st	0.1	27.7	L (S) on Erie Lackawanna then immediately R (W) on Monon Trail 4.4
14.5	R (SE) on S Shore	1.1	32.1	L (E) on Fisher 0.6
15.6	L (SE) on S Lake Shore Dr	1.9	32.7	R (S) on Calumet 0.9
17.5	L (SE) on Ewing, over Calumet River	0.5	33.6	R (W) on Superior 0.3
18.0	L (E) on 95th, becomes Crilly	0.2	34.0	L (S) on Indiana Pkwy 0.1
18.2	L (E) at T on Foreman, follow S, W	0.8	34.1	=10:55= THREE FLOYDS 9750 Indiana Pkwy, (219) 922-3565
19.1	L (S) at T on Crilly, continues W as 100th	0.5	34.1	N on Indiana Pkwy 0.2
19.5	L (SW) under Skyway, cross over to sidewalk on other side	0.1	34.2	R (E) on Superior 0.1
19.6	L (SE) on Burnham Greenway	0.6	34.4	L (N) on unmarked trail 0.3
20.2	=09:35= Cross Indianapolis at light, continue S	1.0	34.6	L (W) on 45th, becomes Glenwood Lansing 2.0
21.2	L (E) on 112th	0.3	36.7	R (N) on Thorn Creek Trail 5.8
21.6	R (S) on Illiana Marina Trail, next to I- 90, over Wolf Lake	2.4	42.5	R (W) on Chicago Heights Glenwood 0.2
23.9	L (E) at end on 129th	0.3		

42.7	R (N) at T on 187th, continue W	1.1	56.7	Cross 151st, CROSS OAK PARK AVE , continue NW on red path 0.6
43.8	L (S) on Center	0.1	57.3	Sharp R (NE) to stay on red path, follow NW 1.0
44.0	R (SW) on Jamie	0.1	58.3	Cross 143rd, cross Harlem, continue NW on red path, continue R (N) 2.0
44.1	L (S) on Hood, continues W as Idlewild	0.9	60.2	L (NW) on white path 0.2
45.0	Dogleg R (N) then L (W) at Dixie onto Vardon	0.2	60.4	Cross 76th, cross 131st, continue NW on path, follow N 0.2
45.3	L (S) on Travers	0.3	60.7	Cross Sequoia, continue on path 1.2
45.6	R (W) on Flossmoor Rd	0.4	61.9	Sharp L (W) on side path, continue onto Squire, becomes 121st 0.4
46.0	R (N) on Sterling	0.1	62.2	R (N) on 80th 0.3
46.1	FLOSSMOOR STATION 1035 Sterling Ave, (708) 957-2739 Metra 11..6:52		62.4	L (NW) on IL-83/College/Cal-Sag Rd 0.7
46.1	S on Sterling	0.1	63.1	R (N) on Cal-Sag Trail, follow W 2.8
46.1	R (W) on Flossmoor Rd	3.8	65.9	Sharp L (E) 0.1
49.9	R (N) on Central	3.2	66.0	L (N) on 104th/Willow Springs, over Cal-Sag Channel 3.2
53.1	Cross 167th, cross Central, continue N on blue path	0.5	69.3	L (W) on Archer 0.1
53.6	Continue N on purple path, follow W	1.5	69.4	R (N) on Colonel/Willow, follow E 0.1
55.1	Cross 159th at light, continue N on green path, follow W, then N	1.6		

69.5 IMPERIAL OAK 501 Willow Blvd, (708) 330-5096		81.3 L (N) on East	2.6
69.5 W on Willow	0.1	83.9 R (E) on Lake	0.3
69.6 L (E) on Archer	0.1	84.1 L (N) on Ridgeland	0.9
69.7 L (N) on Willow Springs, over I & M Canal, Sanitary and Ship Canal, and Des Plaines River	3.8	85.1 Dogleg R (E) then L (N) at Division	0.5
73.4 R (NE) on Plainfield	1.8	85.6 Cross North Ave, L (W) down alley	0.1
75.2 L (N) at T on East	1.4	85.7 R (N) on Narragansett	1.3
76.5 R (E) on Ogden	0.1	87.0 R (E) on Wrightwood	2.0
76.7 L (N) on Dubois	0.1	89.0 Dogleg L (N) then R (E) at Cicero	0.5
76.7 R (NE) on Burlington	0.7	89.5 Dogleg R (S) then L at(E) Kostner	1.5
77.5 L (N) on Prairie BNSF 3:03 4:04 4:26 4:45 5:07 6:11 7:04	0.0	91.0 Round Logan Sq, R (N) on Kedzie	1.1
77.5 R (NE) on Brookfield	0.6	92.1 REVOLUTION KEDZIE 3340 N Kedzie Ave, (773) 588-2267	
78.1 L (N) at end on Woodside	0.1	92.1 N on Kedzie	0.0
78.3 R (E) at end on Parkview, cross 1st Ave	0.3	92.2 R (E) on Roscoe, continue R (S) on path	0.9
78.6 R (E) at T on Forest	0.4	93.1 L (E) on Belmont	0.3
79.0 L (N) on Longcommon, follow arrows	1.3	93.4 R (SE) on Clybourn	0.4
80.2 Continue on Riverside	0.9	93.7 L (E) on Wellington	2.0
81.2 R (E) at T on Cermak	0.1	95.7 L (N) on Broadway	0.2
		95.9 DRYHOP 3155 N Broadway, (773) 857-3155	

Rules for Our Rides

Bicycles are vehicles—traffic laws that apply to motorists apply to bicyclists.

- Riding in a group offers no additional protection over riding individually. Use the same caution that you would when riding alone.
- Ride in a **STRAIGHT LINE** as far to the right as practicable. Please don't duck in behind parked cars.
- Be predictable. Try to avoid sudden stops. Remember that someone is right behind you. If you drop something, pull off and wait for a safe time to go back and get it.
- Never ride more than two abreast- -single file is often the only safe option on narrow or busy streets.
- Be alert for overtaking cars and cyclists and allow them room to pass when practicable.
- If someone calls out "**CAR BACK**", there is a car approaching from the rear. This is a signal to ride single-file and as far right as practicable so traffic can pass safely.
- Stop for **ALL RED** stoplights- it's OK for the group to be spread out a bit—we'll come back together eventually. If you're stopped and going straight, please don't block the turn lane.
- Do not call out "clear" when crossing intersections, as conditions may change quickly in city traffic.

- Signal your intentions verbally and with hand signals when turning, changing lanes, passing, slowing, and stopping.
- Use hand signals to point out hazards or obstacles in the road (i.e., glass, potholes, car doors about to open into traffic). Hand signals are preferable to verbal signals, as voices often are not clearly heard in traffic.
- Make all left turns as if you are driving a car—if you can't (or won't) do this, then you must walk your bike through the intersection via pedestrian crosswalks.
- Get completely out of traffic flow whenever stopping for repairs or rest.
- If you need repairs, accept help if offered. This gets everyone going as quickly as possible.
- Do not use a cell phone while riding. Cycling requires two hands and your complete attention. In case of emergency, get out of the flow of traffic to stop and use your phone.
- Let someone know if you leave the ride.
- Have fun.